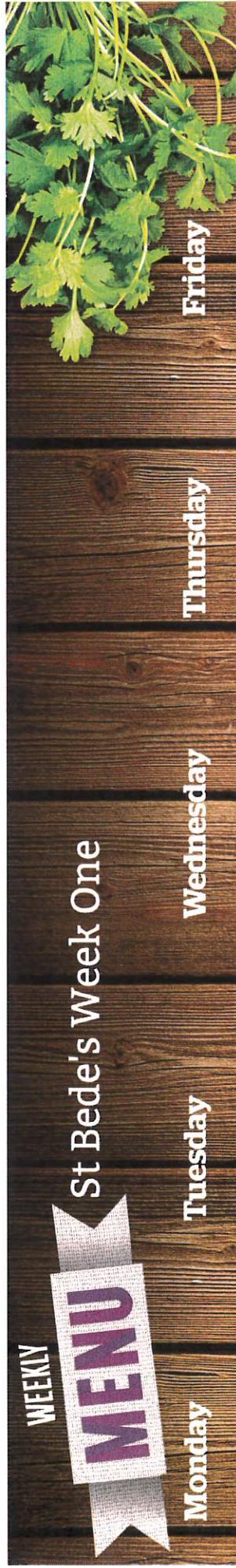


WEEKLY

MENU

St Bede's Week One



Monday

Tuesday

Wednesday

Thursday

Friday

Peri Peri Chicken with Chimi
Churi Sauce

Bolognaise Pasta Bake

Cauliflower Cheese with
Panko Crumb

Sweet Spicy Pulled Pork
Sandwich

Dessert - Marble Sponge &
Custard

Mixed Steamed Vegetables

Seasonal Vegetables

Dessert - Chocolate Bread &
Butter Pudding with Custard

Garnish

Dessert - Apple & Red Berry
Crumble with Custard

Garden Peas

Baby Roast Potatoes

Chopped Mixed Salad

Garlic Bread

Chipped Potatoes

Garden or Mushy Peas

Steamed Rice

Mac 'n' Cheese

Mature Cheddar & Tomato
Chutney Tart

Breaded Fish Fingers or
Battered Fish Fillet

Dessert - Lemon Drizzle with
Custard

Dessert - Vanilla Rice Pudding
with Syrup

Available daily

Chefs Soup of the Day with Homemade Bread
Jacket Potato with Various Fillings
Selection of Sandwiches

HARRISON
food with thought

WEEKLY

St Bede's Week Two

MENU

Monday

Tuesday

Wednesday

Thursday

Friday

Chicken Fajita Flat Bread with
Garlic Mayo Dressing

Gammon Steak
Bake

Tomato & Mozzarella Pasta
Bake

Breaded Fish Fingers or
Battered Fish Fillet

Spanish Omelette

Moroccan Vegetable Tagine
with Cous Cous

Roast Vegetable Pasta Bake

Katsu Vegetable Curry with
Rice

Garden Peas

Buttered Sweetcorn

Garlic Bread

Chipped Potatoes

Roast Potatoes

Chipped Potatoes

Potato Wedges

Mixed Vegetables

Dessert - Chocolate Sponge
with Vanilla Sauce

Dessert - Chocolate Bread
and Butter Pudding with
Custard

Dessert - Baked Rice Pudding
with Syrup

Dessert - Sprinkles Cake &
Custard

Dessert - Ice Cream

Available daily

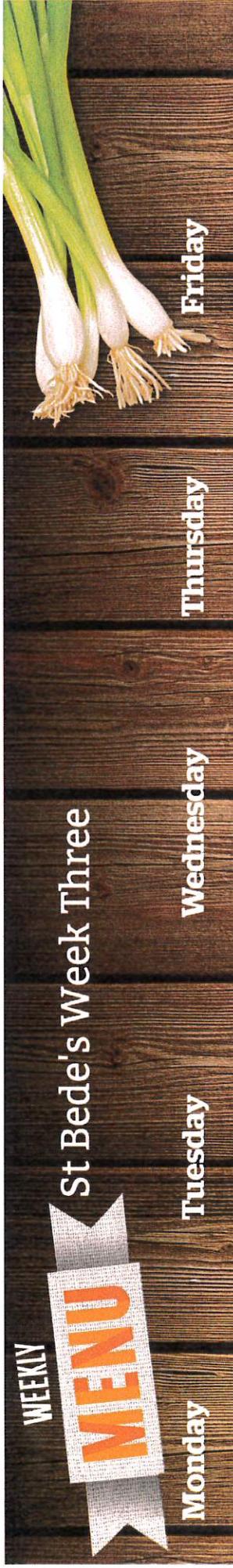
Chef's Soup of the Day with Homemade Bread.
Jacket Potato with Various Fillings
Selection of Sandwiches

HARRISON
food with thought

WEEKLY

MENU

St Bede's Week Three



Monday

Tuesday

Wednesday

Thursday

Friday

Sausage Pattie, Cheese &
Hash Brown Muffin

Sweet 'n' Sour Chicken

Pepperoni Pizza

Breaded Fish Fingers or
Battered Fish Fillet

Stuffed Sweet Potato

Roast Beetroot & Falafel Wrap
with Yoghurt Dressing

Margarita Pizza

Vegetable Noodle Stir Fry

Potato Wedges

Steamed Rice

Chopped Mixed Salad

Roasted Vegetable & Feta
Flatbread

Seasonal Vegetables

Prawn Crackers

Potato Wedges

Steamed Rice

Garden or Mushy Peas

Dessert - Syrup Sponge &
Custard

Dessert - Chocolate Sponge &
Custard

Dessert - Baked Rice Pudding
with Syrup

Breaded Fish Fingers or
Battered Fish Fillet

Available daily

Chefs Soup of the day with Homemade Bread
Jacket Potato with Various Fillings
Selection of Sandwiches

HARRISON
food with thought