

WEEKLY

MENU

St Bede's Week One



Monday

Tuesday

Wednesday

Thursday

Friday

Peri Peri Chicken with Chimi
Churi Sauce

Bolognaise Pasta Bake

Sweet Spicy Pulled Pork
Sandwich

Salt & Pepper Chicken

Breaded Fish Fingers or
Battered Fish Fillet

Cauliflower Cheese with
Panko Crumb

Vegetable Lasagne

Mushroom & Feta Filo Parcel

Mac 'n' Cheese

Mature Cheddar & Tomato
Chutney Tart

Garlic Potatoes

Garlic Bread

Chopped Mixed Salad

Steamed Rice

Chipped Potatoes

Mixed Steamed Vegetables

Seasonal Vegetables

Baby Roast Potatoes

Garden Peas

Garden or Mushy Peas

Dessert - Marble Sponge &
Custard

Dessert - Chocolate Bread &
Butter Pudding with Custard

Dessert - Apple & Red Berry
Crumble with Custard

Dessert - Lemon Drizzle with
Custard

Dessert - Vanilla Rice Pudding
with Syrup

Available daily

Chefs Soup of the Day with Homemade Bread
Jacket Potato with Various Fillings
Selection of Sandwiches

HARRISON
food with thought

WEEKLY

MENU

St Bede's Week Two

Monday

Tuesday

Wednesday

Thursday

Friday

Chicken Fajita Flat Bread with
Garlic Mayo Dressing

Gammon Steak

Tomato & Mozzarella Pasta
Bake

Roast Meat Dinner

Breaded Fish Fingers or
Battered Fish Fillet

Spanish Omelette

Moroccan Vegetable Tagine
with Cous Cous

Roast Vegetable Pasta Bake

Cheesy Potato & Broccoli
Bake

Katsu Vegetable Curry with
Rice

Garden Peas

Buttered Sweetcorn

Garlic Bread

Roast Potatoes

Chipped Potatoes

Roast Potatoes

Chipped Potatoes

Potato Wedges

Mixed Vegetables

Garden or Mushy Peas

Dessert - Chocolate Sponge
with Vanilla Sauce

Dessert - Chocolate Bread
and Butter Pudding with
Custard

Dessert - Baked Rice Pudding
with Syrup

Dessert - Sprinkles Cake &
Custard

Dessert - Ice Cream

Available daily

Chef's Soup of the Day with Homemade Bread.
Jacket Potato with Various Fillings
Selection of Sandwiches

HARRISON
food with thought

WEEKLY

MENU

St Bede's Week Three



Monday

Tuesday

Wednesday

Thursday

Friday

Sausage Pattie, Cheese & Hash Brown Muffin

Sweet 'n' Sour Chicken

Pepperoni Pizza

Chinese Style Chicken Curry

Breaded Fish Fingers or Battered Fish Fillet

Stuffed Sweet Potato

Roast Beetroot & Falafel Wrap with Yoghurt Dressing

Margarita Pizza

Vegetable Noodle Stir Fry

Roasted Vegetable & Feta Flatbread

Potato Wedges

Steamed Rice

Chopped Mixed Salad

Steamed Rice

Chipped Potatoes

Seasonal Vegetables

Prawn Crackers

Potato Wedges

Prawn Crackers

Garden or Mushy Peas

Dessert - Syrup Sponge & Custard

Dessert - Chocolate Sponge & Custard

Dessert - Baked Rice Pudding with Syrup

Dessert - Lemon Drizzle Cake with Custard

Dessert - Waffle & Chocolate Sauce

Available daily

Chefs Soup of the day with Homemade Bread
Jacket Potato with Various Fillings
Selection of Sandwiches

HARRISON
food with thought