

St Bede's Week Prep Week One

Weekly menu

Monday

Chicken Nuggets, Wedges & Beans

Tuesday

Sausage, Mash & Gravy

Wednesday

Tomato & Mozzarella Pasta Bake

Thursday

Pepperoni Pizza Slice

Friday

Breaded Fish Fingers with Ketchup

Sweet Potato & Chickpea Curry

Mild Spiced Vegetable Burrito

Cheese, Potato & Onion Bake

Margarita Pizza Slice

Bean and Cheese Pasty

Coriander & Lemon Rice

Garlic Potatoes and Vegetables

Garlic Bread

Potato Wedges and Vegetables

Chips and Garden Peas

Dessert - Marble Sponge and Custard

Dessert - Chocolate Bread & Butter Pudding with Custard

Dessert - Apple & Red Berry Crumble with Custard

Dessert - Lemon Drizzle with Custard

Dessert - Rice Pudding with Syrup

Available daily

Chef's Soup of the Day with Homemade Bread
Jacket Potato with Various Fillings

HARRISON
food with thought

St Bede's Prep Week Two

Weekly menu

Monday

BBQ Chicken with Cheese & Bacon

Quorn Cottage Pie

Roast Potatoes & Vegetables

Dessert - Chocolate Sponge with Vanilla Sauce

Tuesday

Hot Dog with Onions

Hoisin Vegetable Bao Bun

Rice or Mixed Vegetables

Dessert - Chocolate Bread and Butter Pudding with Custard

Wednesday

Beef & Cheese Burger

Vegetable Burger

Onion Rings & Asian Slaw

Dessert - Baked Rice Pudding with Syrup

Thursday

Meatballs & Spaghetti

Sweet and Sour Vegetables

Steamed Rice and Vegetables

Dessert - Sprinkles Cake with Custard

Friday

Breaded Fish Fingers with Ketchup

Cheese & Onion Quiche

Chips and Peas



Available daily

Chefs Soup of the Day with Homemade Bread
Jacket Potato with Various Fillings

St Bede's Prep Week Three

Weekly menu



Monday

Chicken Burger

Tuesday

Roast Meat of the Day

Mixed Bean & Chickpea Chilli

Vegetable Wellington

Wednesday

Minced Beef Lasagne

Mushroom Risotto

Thursday

Chilli Beef Nachos

Vegetable Chilli Nachos

Friday

Breaded Fish Fingers with Ketchup

Cheese & Onion Pie

Skinny Fries & Vegetables

Roast Potatoes & Steamed Vegetables

Garlic Bread & Vegetables

Buttered New Potatoes & Vegetables

Chips and Peas

Dessert - Syrup Sponge and Custard

Dessert - Chocolate Sponge with Custard

Dessert - Baked Rice Pudding with Syrup

Dessert - Lemon Drizzle Cake with Custard

Dessert - Waffle & Chocolate Sauce

Available daily

Chefs Soup of the Day with Homemade Bread
Jacket Potato with Various Fillings

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