

**WEEKLY**  
**MENU**

**St Bede's Week One**



<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Beef Biryani	BBQ Pulled Pork Bap with Coleslaw	Cajun Chicken Pasta Bake with Mozzarella	Pepperoni Pizza Slice	Breaded Fish Fingers or Battered Fish Fillet
Chickpea, Spinach & Sweet Potato Curry	Cajun Spiced Vegetable Burrito with Soured Cream	Potato, Cheddar & Spring Onion Bake	Margareta Pizza Slice	Tomato & Basil Gnocchi, Mozzarella & Garlic Bread
Coriander & Lemon Rice	Garlic Potatoes	Chopped Salad & Garlic Bread	Smokey Potato Wedges	Chipped Potatoes
Mixed Steamed Vegetables	Seasonal Vegetables	Mixed Vegetables	Steamed Vegetables Vegetables	Garden or Mushy Peas
Dessert - Marble Sponge & Custard	Dessert - Chocolate Bread & Butter Pudding with Custard	Dessert - Apple & Red Berry Crumble with Custard	Dessert - Lemon Drizzle with Custard	Dessert - Vanilla Rice Pudding with Syrup

Available daily

Chefs Soup of the Day with Homemade Bread  
Jacket Potato

WEEKLY

# MENU

## St Bede's Week Two



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Hunters Chicken

Pork Chilli Stir Fry with Prawn Crackers

Beef & Cheese Burger

Italian Meatballs & Spaghetti

Breaded Fish Fingers or Battered Fish Fillet

Quorn Cottage Pie with Onion Gravy

Hoisin Jack-fruit Bao Bun

Plant Based Burger

Sweet 'n' Sour Asian Vegetables

Cheese & Onion Quiche

Garden Peas

Buttered Sweetcorn

Onion Rings & Asian Slaw

Steamed Rice

Chipped Potatoes

Roast Potatoes

Spicy Rice

Potato Wedges

Mixed Vegetables

Garden or Mushy Peas

Dessert - Chocolate Sponge with Vanilla Sauce

Dessert - Pineapple Upside Down Cake with Custard

Dessert - Baked Rice Pudding with Syrup

Dessert - Sprinkles Cake & Custard

Dessert - Ice Cream

Available daily

Chef's Soup of the Day with Homemade Bread.  
Jacket Potato

WEEKLY

# MENU

## St Bede's Week Three



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Chicken , Hash Brown & Cheese Burger

Roast Meat of the Day with all the Trimmings

Minced Beef Lasagne

Lemon & Cracked Black Pepper Chicken

Breaded Fish Fingers or Battered Fish Fillet

Smokey Mixed Bean & Chickpea Chilli

Roast Vegetable Wellington

Mushroom & Parmesan Risotto

Stuffed Cabbage Roll with Chilli Tomato Sauce

Cheese & Onion Pie

Skinny Fries

Crispy Roast Potatoes

Garlic Bread

Buttered New Potatoes

Chipped Potatoes

Seasonal Vegetables

Seasonal Vegetables

Seasonal Vegetables

Selection of Steamed Vegetables

Garden or Mushy Potatoes

Dessert - Coconut Sponge & Custard

Dessert - Chocolate Sponge & Custard

Dessert - Baked Rice Pudding with Syrup

Dessert - Lemon Drizzle Cake with Custard

Dessert - Waffle & Chocolate Sauce

Available daily

Chefs Soup of the day with Homemade Bread  
Jacket Potato