St Bede's Week Prep Weekly me Monday		Wednesday	Thursday	Pricky
Minced Beef Enchilada	Roast Meat of the Day with Trimmings	BBQ Chicken Roll	Beef Lasagne	Breaded Fish Fingers with Ketchup
Grilled Halloumi Burger	Potato Leek and Cheese Bake	Falafel Pitta with Hummus	Vegetable Moussaka	Cous Cous Stuffed Pepper
Potato Croquettes and Garden Peas	Roast Potatoes and Vegetables	Potato Wedges and Vegetables	Garlic Bread and Vegetables	Chips and Garden Peas
Dessert - Chocolate Sponge and Custard	Dessert - Apple Crumble with Custard	Dessert - Chocolate Bread and Butter with Custard	Dessert - Lemon Drizzle with Custard	Dessert - Rice Pudding with Syrup
				HARRISON food with thought

St Bede's Prep Wee  Weekly me		Wednesday	Thursday	Friday
Pork Meatballs with Sauce	Fried Chicken Burger	Cheese and Pepperoni Pasta Bake	Chicken and Ham Pie	Breaded Fish Fingers with Ketchup
Tomato and Pesto Frittata	Spicy Bean Burger	Lentil and Vegetable Pasta Bake	Smoky Vegetable Jambalaya	Macaroni Cheese with Garlic Bread
Sauté Potatoes and Vegetables	Chips and Sweetcorn	Garlic Bread and Vegetables	Mashed Potato and Vegetables	Chips and Peas
Dessert - Berry and White Chocolate Sponge with Custard	Dessert - Warm Chocolate Brownie	Dessert - Bakewell Tart with Custard	Dessert - Apple and Cinnamon Cake with Custard	Dessert - Ice Cream
				HARRISON food with thought

