

APRIL BEDE'S NEWS



Mrs M Kemp Headteacher

Be

part of a great tradition

Dear parents,

Since our return after the Easter holidays, the College has not stopped celebrating the children's accomplishments.

So many different activities have taken place; from the Spring Concert to the Mathematics Challenge and the start of the Languages Oral exams, it has been non-stop.

The virtue of the month was Diligence, which really helped the students to prepare to study for the end of year exams. Having the discipline to work hard to the end is a tremendous challenge, but it is crucial as it helps us to grow and become reliable and trustworthy citizens.

During May, as well as bank holidays, half term and the coronation, we will celebrate Pentecost and St Bede's feast day; what better way than entrusting ourselves to the protection of Our Lady to intercede for us and bring us closer to Christ.

Yours faithfully,

Maria Kemp

"Diligence is not easy, but we can't reach our goals without it."

I hope all of our families had an enjoyable and peaceful Easter break. It was wonderful to welcome our pupils back for the Summer Term on 11 April, and as you receive our latest edition of Bede's News, we have already had our Prep 4 and Prep 5 residential trips! The pupils had a wonderful time, making lifelong memories from their enriching experiences and their behaviour and team spirit was excellent. I am always incredibly proud of the achievements of our pupils on these trips and grateful to our staff for accompanying the children and looking after them so well.

Our Virtue of the Month for April was **Diligence**. It means persisting with careful work or effort, and teaches children that hard work pays off. It is deciding not to give up on any task. It can be easy for children to become lethargic. Diligence breaks the cycle. It shows them that putting in a little extra effort will provide them with feelings of accomplishment and help them triumph over problems. This is why here, at St. Bede's Prep, we praise our pupils when they work hard at something. It sounds simple, but this reinforces their need to work with purpose. It encourages them not to give up and not to shy away from difficult activities.

There are many activities and events ahead during our Summer Term and we are looking forward to celebrating the Coronation of King Charles III in school on Friday 5 May. British Values form part of the spiritual, moral, social and cultural provision for our pupils and the King's coronation is an important day in the history of Great Britain.

With my best wishes for the month of May,

Claire Hunt



Mrs C Hunt Head of Prep

Be inspired



Mr D Rose Head of Sixth Form

At St Bede's College, we promote the wellbeing of all our students.

Some of our Sixth Formers' most recent PSMEE sessions, outlined in this edition of Bede's News, reflect the psychological, physical, social and spiritual dimensions to wellbeing: it is a term sometimes used tokenistically, but in its truest sense, it reflects the pathway to our optimum state of being as children of God who can work, recreate and love with joy.

Dominic Rose

Be

grateful

Virtue of the month:

Diligence

Overcoming laziness for the sake of a greater good

Diligence is the virtue with which we fight laziness; it is part of charity, since we are not trying to overcome laziness for the mere fact of doing it, but because we are looking for a greater good, a greater love. Diligence is being able to work hard, with dedication, and to do your best in any occasion.

Being diligent helps us not to postpone action to achieve our goals, to be attentive to the needs of others and to fulfil our duties. During this month, St. Bede's students in all years have been striving to complete their work in class and tasks at home with special care; they have avoided procrastinating and tried meticulously focus on the little details



Safeguarding

Vaping

As a parent, it is important to stay informed about the latest trends in teenage behaviour, including vaping. Vaping has become a popular activity among teenagers in recent years, and it is essential to understand the risks associated with it.

In 2022, 15.8% of 11-17 year olds had tried vaping, compared to 11.2% in 2021 and 13.9% in 2020. In 2022, 7% of 11-17 year olds were current users, compared to 3.3% in 2021 and 4.1% in 2020 (source: Action on Smoking and Health).

What is vaping?

Vaping is the act of inhaling and exhaling vapour produced by an electronic cigarette or other vaping device. The device typically contains a cartridge filled with liquid that contains nicotine, flavourings, and other chemicals. The liquid is heated by a battery-powered heating element, which produces a vapour that is inhaled.

What are the health risks associated with vaping?

There are a number of health risks associated with vaping. The liquid used in vaping devices typically contains nicotine, which is highly addictive and can harm brain development in teenagers. Nicotine can also increase blood pressure and heart rate, which can lead to cardiovascular problems.

In addition to nicotine, the liquid used in vaping devices can also contain other chemicals, including diacetyl, a chemical used to create buttery flavours, which has been linked to a serious lung disease known as "popcorn lung." Vaping can also irritate the lungs and lead to respiratory problems.

How can parents talk to their children about vaping?

Talking to your children about vaping is an important part of helping them make healthy choices. Here are some tips to help you start the conversation:

- Stay informed: Educate yourself about vaping so that you can speak knowledgeably with your children.
- Be open and honest: Start the conversation by asking your child what they know about vaping. Be open and honest about the health risks associated with vaping.
- Listen to your child: Listen to your child's thoughts and opinions about vaping. Encourage them to ask questions and express their concerns.
- Set clear rules and expectations: Let your child know that you do not approve of vaping and that it is not allowed in your home.
- Provide support: If your child is already vaping, provide them with support to quit. Encourage them to talk to a healthcare provider or a counsellor if they are struggling to quit.

By staying informed and having open and honest conversations with our children, we can help them make healthy choices and avoid the risks associated with vaping. Click here for further information.



Stars of the week









Class of the week







House Points









Elias for piano certificate



Headteacher's award



Juul, George, Sammy, Carmen, Victor and Enya hockey medals



Rosie, Enya, Evelyn and Aoife for dancing



Lucy gymnastics, Annaliese swimming, Gabrielle and Nathaniel sports award

Prep Pupil Chaplains



Congratulations to our team of Pupil Chaplains who have selected new members to join the team and continue to lead the Prep in Collective Worship and Charity Outreach.

Happy Birthday!

Freja (Nursery)

Enma (Prep 1)

Pablo (Prep 1)

Dorcas (Prep 2)

Jayden (Prep 2)

Theo (Prep 2)

Evelyn (Prep 4)

Samuel (Prep 4)

Shamir (Prep 5)

Nicholas (Prep 5)

George (Prep 5)

Rishaan (Prep 6)

Lucian (Prep 6)





Mirror, Mirror...

The students in Prep 3 had some fun with Marvellous Mirrors. They wrote secret messages to their friends in mirror writing and made a maze to follow using only the reflection from a mirror. They concluded their tasks by making a super long maze for everyone to follow.

Mrs Anne Marie Edwards, Prep 6 Teacher, SEND Co-ordinator & Science Co-ordinator







MATHS

Learning Maths in the playground

Prep 2 enjoyed putting their times tables skills to the test in the sunshine, whilst completing their Maths Mystery.

Miss O Cunningham, Prep 2 Teacher







MATHS

Maths Feast Competition

On 20 April, 8 students (Samuel H, Elsie H, Alfie O, Ruochen J, Curtis W, Jasmine N, Travis W and Herbert W) in Lower 5th attended the Maths Feast Competition in Lancaster University, led by Mr Segura and Mr Piskorz. During the competition, they were split into two teams of 4 students. Both teams worked hard and overcame difficulties through teamwork. They all gained experience by participating in the Maths competition with other schools. Here are the results:

- In Round 2, Team 1 scored the most points among other schools, followed by Team 2 in second place!
- In Round 4, Team 1 came second and Team 2 came fourth.
- After 4 rounds of competition, Team 1 won second place in the overall score.

The students would like to thank Mr Segura and Mr Wright for arranging the Maths Feast Competition and a big thanks to Mr Piskorz for driving us on our trip!

Mr Piskorz commented that there was a great effort from both teams. Nearly a perfect second round for both teams (1 mark apart). He was impressed with the speediness of Curtis, Jasmine, Herbert and Ruochen's mental calculations. Brilliant team work.

Mr Segura said there was a fantastic effort from Elsie and Alfie in an extremely challenging Round 3, displaying an impressive understanding of Archimedes' pi number proof.

In round 4, Sam's anticipation was crucial, supported by amazing mental calculations from Travis and Alfie under time pressure. Elsie helped secure a precious second placed mark. Overall, it was a thrilling sunny maths day in Lancaster university. We are proud of our students!

We are also thrilled that Dara S achieved a merit in the Maclaurin Olympiad.

Mrs A Collard, Head of Mathematics





GEOGRAPHY

Prep 5 Patterdale Hall Trip 2023

On 12 April, 32 excited Prep 5 children set off from St Bede's for Patterdale Hall in the beautiful Lake District. The hall is set in stunning grounds right on the edge of Ullswater Lake, surrounded by hills and mountains. It really is beautiful and the rain and sleet didn't spoil the views or dampen the children's enthusiasm. The children enjoyed a variety of activities over 3 days, including fell walking, campfires, paddleboarding andgorge walking, which included jumping into the gorge! Sleeping in dorms with their friends on triple bunks was also very exciting. All the children benefited in so many ways from their experience. Team work, Resilience, determination, independence and self esteem were developed as the children pushed themselves out of their comfort zones. It was wonderful to see them feeling so proud of their achievements.

It was a fabulous trip where so many wonderful memories were made.

Mrs C Casson, Class Teacher Prep School











Global Investor Simulations

St Bede's Economics and Business Students from Lower Fifth and Lower Sixth learned how to trade on a simulated stock market using a system created by Global Investor Sims, a company who are used by industry giants such as PWC for financial acumen and skills training. 15 teams of two adopted the roles of Market Traders (who buy the stock) and Market Analysts (who assesses the opportunities based on breaking news) and competed to see who could make the shrewdest investments to grow their portfolio the most.

The simulation was split into three games over three Mondays. The Market Opened for 40 minutes of intensive trading where each team's investments affected the value of the other teams' portfolios.

Mrs S Bolton, EPQ Coordinator and Teacher of Economics & Business





International Women's Day Frida Kahlo Competition

The Spanish department held a 'Draw Frida Kahlo' competition for International Women's Day in the College, which was open to all students. Mexican artist Frida Kahlo is remembered for her self-portraits, pain and passion, and bold, vibrant colours. She is celebrated in Mexico for her attention to Mexican and indigenous culture and by feminists for her depiction of the female experience and form.

The winner was Paddy in L5, with Ben in L5 and Jemima in L6 coming in as close runners up.

Mrs M Reid, Head of Modern Languages

Prep 2 Spanish listening task

Reception and Prep 2 classes have been working so hard in Spanish as they have returned to school for the Summer Term. Diligence is our virtue this month and the children have displayed this quality in abundance during their Spanish lessons in reading, writing and speaking and listening activities. Prep 2 has been enjoying a very catchy tune 'Juanito Cuando Baila', building on their target vocabulary in very impressive listening and reading activities. Reception Class are showing great enthusiasm for their 'Los Animales' topic where their superb understanding of Spanish phonics is celebrated. What a fantastic start to the new term!

Mrs G Leyden, Spanish Teacher





BEDIAN TALENT

World Youth Day Fundraising Concert

St. Bede's is a place where students have talent and show their talent! On Saturday 22nd April, two students María (U5) and Ruth (L4) took part in a fundraising concert with their brother and some friends. They sang songs with the band, ranging from Oasis' 'Wonderwall' to some of Adele's songs. These young people are fundraising to go to the World Youth Day this August in Lisbon: a gathering of young people with the Pope, to celebrate faith, peace and unity with millions of other young people from across the world. Events in the week include cultural exchanges, catechesis, cultural initiatives in the city and much more. It is a transforming and memorable experience.

As this event is important for María, Ruth and their friends and the logistics are not cheap, they decided to put their talents together and have a fundraising concert. The quality of singing and music was of the highest standard, and so friends and families enjoyed an afternoon of music. Other talented musicians joined the event, including a harpist, a classical guitarist and a violinist who played some melodies as a duo, and a few voices who got together to sing some classics. There was also the opportunity to buy candles, cards and cakes to support them. Good Luck, María and Ruth! Lisbon is waiting for you!

For more information to sign up, contact your local diocese or click here.

Miss M Pocas, College Librarian



CAREER DEVELOPMENT

Five Ways to Wellbeing

On Tuesday 21 March, Zain Iqbal, a Mental Health Lead Practitioner from the Manchester Healthy Schools Programme led a Mental Health Workshop during PSMEE. He encouraged our Sixth Form students to view mental health as a continuum, informed them about some of the symptoms of mental health difficulties, detailed positive and negative coping strategies and explored how people can break the cycle of worry. Self-care was at the heart of the session and the students left with 'Five Ways to Wellbeing' in mind.

Mr D Rose, Head of Sixth Form



Living One's Faith at University

The topic for the most recent Upper Sixth PSMEE session was 'Living One's Faith at University', which was delivered by our very own College priest, Fr Joe Evans. Fr Joe has many years of experience as a university chaplain, and he encouraged students to think about how they live out their faith in the exciting and multi-faceted world of the undergraduate student. Fr Joe extolled the virtue of 'being your authentic self' in a diverse community, and gave valuable insight into how students might maintain this in the face of the many barriers and challenges to faith they will most likely encounter. Philosophical as always, yet with his gentle humour, Fr Joe was able to direct students' thoughts to a future that is now not too far away.

Mr D Rose, Head of Sixth Form



PERFORMING ARTS

A Fairytale in New York by Prep 6

After many months of hard work, the Prep 6 pupils were proud to present their fabulous production, 'A Fairytale in New York', set in the Big Apple and very loosely based on the story of 'Little Orphan Annie'.

The opening number to the show, the vibrant and atmospheric 'Empire State of Mind', set the scene for the rest of the evening as the children took us from poverty and despair in the orphanage to the wealth and warmth of Mr Warbucks (Paul) and his household.

This remarkable year group of 10- and 11-year olds showcased their dazzling talents with unbelievable dancing, singing and acting performances. Particular highlights included the nasty but flamboyant Miss Hannigan (Kurtis), who colluded with baddies, Rooster (Gene) and Lily (Katelynne), to kidnap little Annie (Phoebe).

Mrs C Harrison, Deputy Headteacher Prep

Pupils thoroughly enjoyed performing a diverse range of songs including 'Money, Money, Money', 'Never Gonna Give You Up' and 'American Boy', superbly rapped by Jayden, Jysiah and Rishaan. Our final song, sung in the main by Zachary, beautifully summarised the whole story in just one son

Stunning costumes, props, sets and scenery, combined with professional lighting and sound, really added to the exciting ambience of the occasion, as did a star cameo role by Margot the dog.

Every child's invaluable individual contribution and their collective teamwork made this an astonishing and incredibly heart-warming night to remember. The Prep 6 production 2023 really was 'A Fairytale in New York!'





PERFORMING ARTS





Musical 'My Fair Lady'

Whilst the rest of St Bede's were starting their Easter breaks, the Upper Fourth drama groups were lucky to see a limited run of the classic musical 'My Fair Lady', an old school classic with beautiful songs such as 'I could've danced all night" and "Get me to the church on time".

They relished this classic tale adapted from George Bernard Shaw's 'Pygmalion'. The performance was breathtaking and was thoroughly enjoyed by our popcorn-munching students. Keep your eyes peeled for the Performing Arts Department 2023/2024 theatre visit programme available to all students studying drama at St Bede's.

Mr J Dickson, Director of Performing Arts



Spring Concert

I am thrilled to share with you the tremendous success of the Spring Concert held on Thursday, 20th April. I was immensely proud to witness such a fantastic display of musical talent from our students.

The concert featured an extensive range of musical performances, including the choir, orchestra, senior and junior scholars' brass ensembles, and soloists. Additionally, the college's rock band added a contemporary flair to the concert. The students' passion and dedication to their craft were apparent in every performance, leaving the audience thoroughly entertained and impressed.

The Spring Concert had an excellent turnout, and the hall was filled with parents and staff members who came to show their support for our students. Many of them commented on the wide variety of repertoire, which included pop, rock, classical, and even traditional Chinese music performances.

I would like to take this opportunity to express my gratitude to all the students who performed and the technical crew who worked tirelessly behind the scenes. It is evident that Music and Performing arts at St. Bede's continue to go from strength to strength.

The Spring Concert was a resounding success and demonstrated the wealth of talent that we have in our student body. I am proud to be part of a school community that values and celebrates the arts, and I look forward to more exceptional performances in the future.

Mr A Davies, Head of Music





The new Bechstein pianos have arrived at St Bede's

The entire Music Department – music teachers, peripatetic staff and especially the students – are excited about the arrival at St Bede's of the new Bechstein pianos.

Transporting these huge and delicate instruments wasn't easy, but they finally arrived to the music classrooms without suffering any damage. Piano students will be allowed from now on to practise with these top quality instruments that will enliven St Bede's concerts and musicals for a long time to come. This addition of new material to the Music Department is a significant investment that shows the high commitment of the Bedian community to the Arts.

Dr. David Onac, Music teacher







Winter Season sports results

The Winter Season for Sport has just finished.

We played a total of:

115 Football Fixtures

Highlights:

Under 16s got through to the ESFA Quarter Finals narrowly losing 2-3.

Under 13s got through to the ISFA 4th Round losing 2 - 4.

15 Boys' Hockey Fixtures

Highlights:

In our first year of oys' Hockey at St Bede's we had two combined teams and look forward to seeing the sport grow more next year seeing the sport grow more next year.

55 Girls' Hockey Fixtures

Highlights:

We have had more prep pupils attending practices after school and we entered more Competitions. We were also successful at Quicksticks, coming runners up and winning the plate in the Rossall Invitational Tournament.

50 Netball Fixtures

Highlights:

Under 12s are through to the Manchester Schools' Final on Thursday.

Under 13s got through to the 4th Round of the SnS Plate competition.

Under 13s came 2nd in the Manchester Schools' League.

Under 14s came 3rd in the Manchester Schools' League.

Miss A Sharp, PE Teacher & PE Administrator







Reading the Yoto Carnegies list

The Yoto Carnegies are the UK's longest running and best-loved children's book awards, recognising outstanding reading experiences created through writing and illustration in books for children and young people.

The Yoto Carnegie Medal for Writing is awarded by children's librarians for an outstanding book written in English for children and young people.

At St.Bede's, a group of Upper Fourth students and staff, are shadowers of the shortlisted books; reading the those books and then coming together to discuss these amazing titles!

At only our second meeting, it was great to hear every participant's thoughts, opinions and viewpoints on the different topics that come across in what they've read so far. Some shadowers had some very different views on 'Medusa': Miss Brown shared how this new version of 'Medusa' is an intertwining of the old with a new voice, and wasn't too keen on this new perspective. Ryan, however, who is currently reading it, is really enjoying the relationships of the characters in the text.

Miss M Pocas, College Librarian

"The Blue Book of Nebeo' is also a favourite at the moment, with lots of positive remarks about the story and its setting in Wales. It brought about discussions on language and the importance of keeping the Welsh language alive, as it's very much part of Welsh culture.

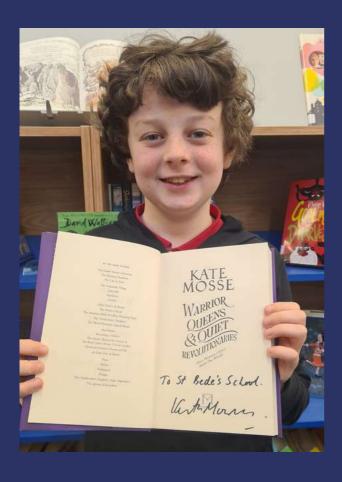
As the term goes on, shadowers are encouraged to publish their reviews on the Yoto Carnegie website, which Holly has really set the ball rolling on by publishing detailed reviews on half of the shortlisted books! Let's see now, if some participants complete the authors' challenges, also on the website.

The Yoto Carnegie Medal for Illustration is awarded by children's librarians for an outstanding book in terms of illustration for children and young people. The Prep Library is able to borrow these and Max, who loves ships, grabbed 'Rescuing Titanic' as soon as he saw the inviting front cover. He was captured by the details and colours in this large non-fiction book, and said, "It is a very nice book. I love it because it tells you so much about the story. I didn't know how The Carpathia ship helped save the people on the Titanic. I love the pictures as they show exactly what happened in lots of detail."

Mrs Leyden and I look forward to hearing more from children in the Prep and lower years of the College, as they delve deeper into these stunning books!



LIBRARY



Zachary's Book Donation

We were delighted to receive a signed copy of the book, 'Warrior Queens and Quiet Revolutionaries' by bestselling author Kate Mosse. The book was signed and dedicated to St. Bede's College and was gifted to us by Zachary in Prep 6 and his family. Warrior Queens and Quiet Revolutionaries is a celebration of unheard and under-heard women's history set alongside a moving detective story as Kate Mosse pieces together the forgotten life of her great-grandmother. What a fantastic gift to our library to inspire the next generation of wonderful people. Thank you, Zachary!

Mrs Clare Cartmell, Prep 6 Teacher



Book Club Outdoors

When the sun shines in Manchester, we have to take Book Club outdoors! This week we basked in the rays of the spring sunshine whilst we compared and contrasted a range of books from the 'Big People, Little Dreams' collection by Isabel Sanchez Vegara. Pupils also made a start on our Coronation celebrations by discussing books with royal characters and their own plans of how to celebrate the historic occasion. What a lovely hour of book based activities in the fresh air!

Mrs G Leyden, Prep Librarian

HOUSES

Bosco House Red Run

On Wednesday 19 April our pupils took part in the college's first-ever 'Bosco House Red Run'. This was done to raise money for our four houses charities: Bosco for The Red Cross, Magdalene for Cancer Research; Siena for Mind; and Campionfor The British Heart Foundation. All pupils in the College, including the Sixth Form, took part by completing a 5km running course set out at our fantastic sports field. We were even fortunate to be blessed with perfect weather. We hope it stays the same for our Prep pupils who will attempt the same course and distance on Friday 21 April.

Mr J Henderson, Teacher of Physical Education







CHAPLAINCY

Catholic Social Teaching Award

Thank you to all the pupils who donated to the St Joseph's Penny Box collection. We have been awarded the Caritas Diocese of Salford Award for Catholic Social Teaching in recognition for outstanding achievement in putting love into action. We demonstrated this through our commitment to fundraising for the projects they work with. Congratulations to Mr Holiday's form who collected the most money. They enjoyed a party to celebrate their achievements. Well done.

Mrs. C Hibbert, School Chaplain

CAFOD Lent walk

Thank you to the Prep pupils who completed their Lent walk for CAFOD despite the inclement weather. The Pupil Chaplains have worked so hard and have almost reached their target of £200. If you are able to support the wonderful charity and help the pupils reach their target please feel welcome to donate here.

Mrs. C Hibbert, School Chaplain

DONATE HERE





CHAPLAINCY

Great Manchester Run

Miss Brown from the English department has been selected on behalf of the College Community to participate in the Great Manchester Run to raise money for our Lenten Appeal for Caritas. Miss Brown will run the 10k on Sunday 21 May, so please join us in sponsoring her as she raises for this worthy cause and represents the college at the event.

Mrs. C Hibbert, School Chaplain

DONATE HERE



CORONATION SPECIAL



St. Bede's is ready for the Coronation of King Charles III

Next Friday, May 5th, we will have a small party for the coronation of the new King, Charles III. The children will be invited to wear red, white and blue and we will have cake on the lawn and ice cream for the grown-ups!

During classes, there will also be some special activities, which you will be able to sneak a peek at on social media, so make sure you follow us and stay tuned!

We would also love to know how you are experiencing the Coronation at home, so feel free to share all the details with us and send pictures to **bedesnews@sbcm.co.uk**.

Royal Stamp of Approval

Children in the Nursery Class have made cards to celebrate the upcoming coronation and posted them to King Charles III. They have each made a model of the King and they posed for a silhouette image of themselves to imitate a Royal stamp.

Mrs L Dentron, Nursery Manager

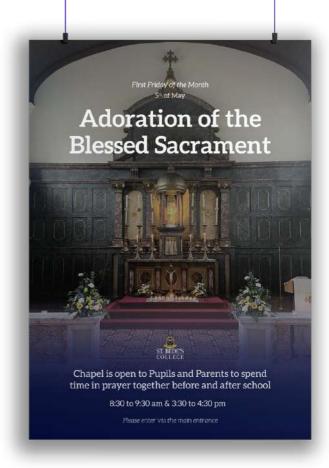


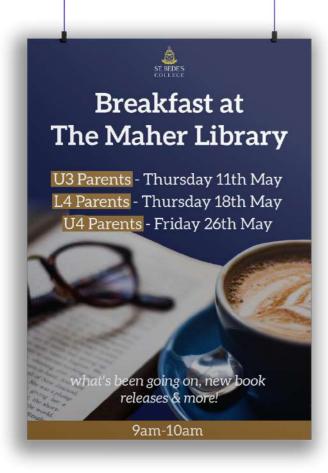


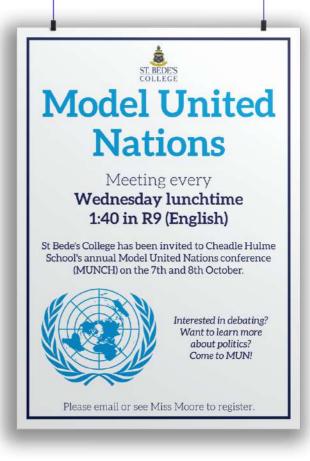


REMINDERS









REMINDERS





April Sixth Form Review

Don't miss the second issue of The Sixth Form Review.

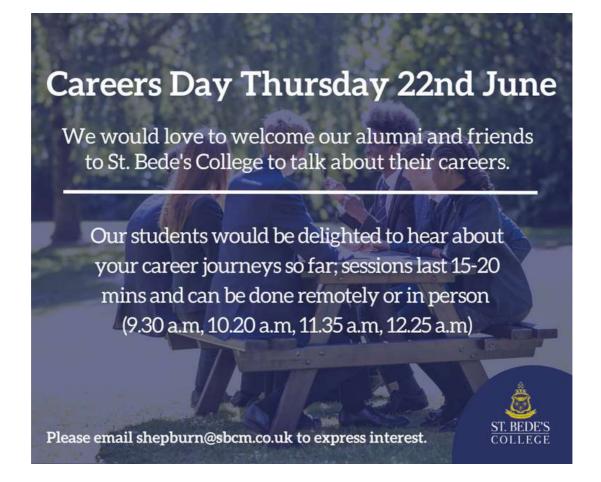
In this issue, the Sixth Form editors report on the latest developments at St. Bede's and the wider community. Here you can read two great interviews with Tomi Komoly, Holocaust survivor, and Sarie Taylor, psychotherapist and anxiety specialist, as well as fascinating articles such as a review of the Grammys 2023 along with a fun Easter quiz on the back page!



CLICK HERE TO READ IT

REMINDERS





FORTHCOMING EVENTS



Wednesday, 3 May

7:00pm

Dance Summer Show '23

Sunday, 7 May

9:30am

Bronze DofE Walk

Wednesday, 10 May

9:30am

U5 Leavers Mass

Monday, 15 May

Tuesday, 16 May

Wednesday, 17 May

Thursday, 18 May

Friday, 19 May

GCSE and A Level Examinations

Thursday, 25 May

Feast Day of St Bede

Friday, 26 May

3:50pm

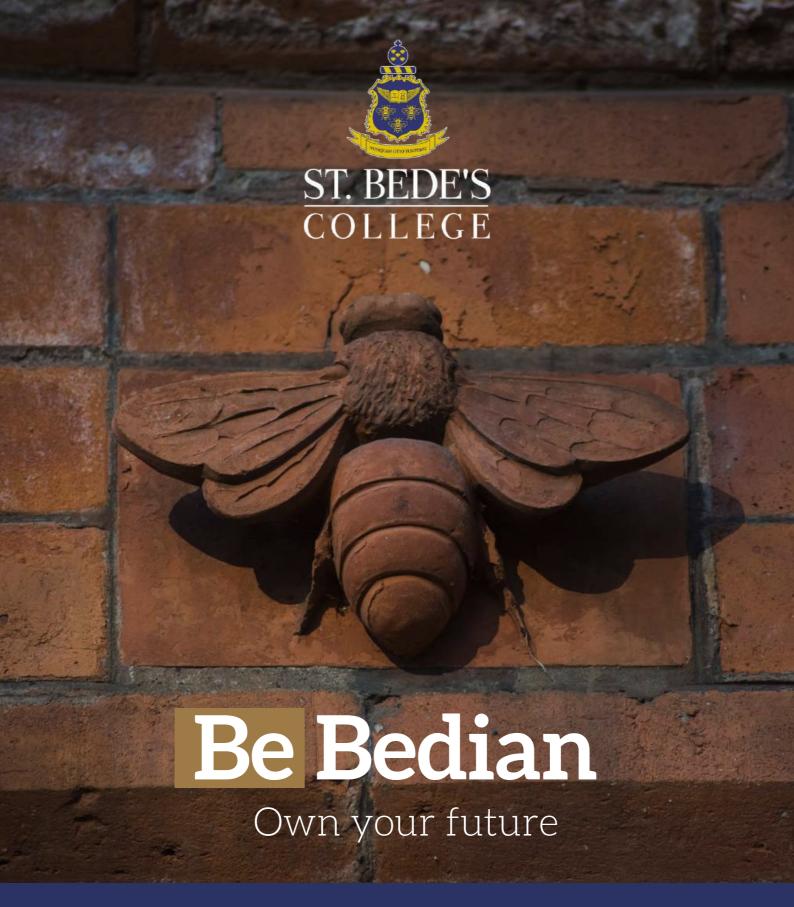
Half Term begins 3.50 pm

Saturday, 27 May

10:00am

Silver DofE Training Day

CLICK HERE FOR FURTHER INFORMATION



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