



St Bede's 6th Form - Week One

MENU

MONDAY

Hong Kong Style Chicken
Chow Mein Noodles

Vegetable Shawarma Wrap,
Khobez Bread, Pickled Slaw

Greek Salad Shaker Pot

Selection of Homemade
Sandwiches, Wraps

Lemon Cheesecake Pot

TUESDAY

BBQ Pulled Pork Man N
Cheese

Nachos, Melting Cheese and
Salsa

Chicken & Sweetcorn Pasta
Salad

Selection of Homemade
Sandwiches, Wraps

Apricot Flapjack

WEDNESDAY

Southern Fried Chicken, with
Fries

Tomato, Mozzarella and Pesto
Panini

Tuna and Mayonnaise Pasta
Pot

Selection of Homemade
Sandwiches, Wraps

Rocky Road Mousse Pot

THURSDAY

Bacon Cheeseburger, Cajun
Wedges, Apple Slaw

Stuffed Sweet Potato with
Halloumi

Chinese Style Spiced Chicken
Salad Box

Selection of Homemade
Sandwiches, Wraps

Cherry & Coconut Cookie

FRIDAY

Classic Fish Finger Buttie on
Bloomer Bread

Sweet Chilli Vegetable Spicy
Rice Box

Roasted Squash and Feta
Salad

Selection of Homemade
Sandwiches, Wraps

Cocoa Chocolate Brownie

Available Daily

Fresh Fruit Pots, Cold & Hot Beverages, Confectionery and Crisps Selection



St Bede's 6th Form - Week Two

MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Nigerian Chicken & Jollof Rice

Chilli Chicken Burrito

Pork Meatball Penne Pasta
Bake

Moroccan Beef Tagine &
Citrus Couscous

Cajun Spiced Fish Burger,
Lemon Mayo & Fries

Tomato, Mozzarella & Basil
Penne

Flat Garlic Mushroom Burger,
Rustic Potatoes

Falafel, Beetroot & Yoghurt
Wrap, Sweet Potato Wedges

Patatas Bravas & Feta
Flatbread

Special Veg Fried Rice, Chip
Shop Curry

Ploughmans Salad Box

Tuna Niçoise with Vinaigrette
Dressing

Piri Piri Chicken Salad

Cheddar Cheese & Tomato
Pasta Pot

Greek Salad Box

Selection of Homemade
Sandwiches, Wraps

Selection of Homemade
Sandwiches, Wraps

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Sandwiches, Wraps

Selection of Homemade
Sandwiches, Wraps

Selection of Homemade
Sandwiches, Wraps

Cinnamon & Berry Granola Bar

Toffee Cheesecake Pot

Chocolate Crispy Cake

Oat & Raisin Cookie

Lemon & Poppy Seed Drizzle
Cake

Available Daily

Fresh Fruit Pots, Cold & Hot Beverages, Confectionery and Crisps Selection



St Bede's 6th Form - Week Three

MENU

MONDAY

Chicken & Chorizo Paella

Ginger & Lemongrass Thai Noodles

Mozzarella & Pesto Pasta Pot

Selection of Homemade Sandwiches, Wraps

All Butter Shortbread

TUESDAY

Sweet 'n' Sour Chicken, Steamed Rice, Prawn Crackers

Mexican Spiced Vegetable, Lime & Coriander Salsa, Steamed Rice

Roasted Squash and Feta Salad

Selection of Homemade Sandwiches, Wraps

Banoffee Pie Pot

WEDNESDAY

Chilli Beef Burrito, Tortilla Chips

Roasted Vegetable Penne Arrabiata

Chicken, Roasted Vegetable Cous Cous & Cherry Tomato Salad Shaker

Selection of Homemade Sandwiches, Wraps

Blueberry Muffin

THURSDAY

Meatball Marinara Sub

Margherita Pizza, Wedges & Slaw

Cajun Chicken Salad Box

Selection of Homemade Sandwiches, Wraps

Chocolate Brownie

FRIDAY

Salt 'n' Pepper Chicken Rice Pot

Onion Bhaji, Curry Mayo & Spinach Burger

Roasted Ham & Potato Salad Box

Selection of Homemade Sandwiches, Wraps

Victoria Sponge with Jam

Available Daily

Fresh Fruit Pots, Cold & Hot Beverages, Confectionery and Crisps Selection